

BEYOND THE BIN

SIMPLE WAYS TO SAVE MONEY,
CUT CLUTTER AND REDUCE WASTE AT HOME

**BORROWING
OVER BUYING**



**SHOP
SECOND-HAND**



**REDUCE
PACKAGING**



**MAKE SMALL
SWAPS**



**HOW
TO CUT
YOUR
WASTE**

ENDLESSLY RECYCLABLE MATERIALS

Recycle forever!



Some materials can be recycled time and time again without losing quality. When we recycle, we save energy, cut down on waste, and make the most of the earth's resources.

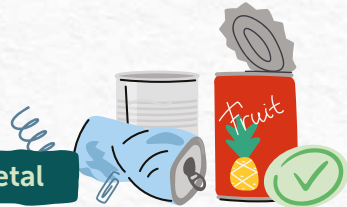
Try to buy products packaged in these materials where possible.

Glass



Glass is endlessly recyclable – it uses around a third less energy to recycle glass than to make new. The same jar you used last month could be back on the shelf again as a bottle.

Metal

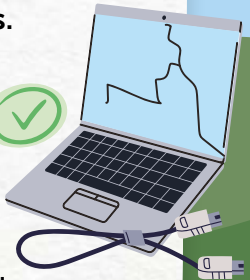


Metal can also be recycled over and over again, saving up to **95%** of the energy needed to make it from scratch. Remember to recycle **cans, foil, and metal jar lids.**

Electricals



Old electronics contain valuable metals such as **copper and gold.**



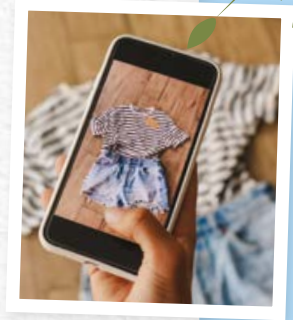
Find out where to recycle near you.

gloucestershirerecycles.com/waste-wizard



BUY FEWER CLOTHES

The average household spends over **3%** of their income on clothing and shoes, according to the Office for National Statistics. On top of that, we now buy around **60%** more clothes than we did in 2000.



By changing how we buy and care for our clothes, we can save hundreds of pounds each year and help reduce clothing waste.



Simple ways to make a difference:

- ✓ Think before you buy – do you really need it, and will you wear it?
- ✓ Borrow or rent clothes for special occasions
- ✓ Buy second-hand and give clothes a longer life
- ✓ Wash clothes at a lower temperature
- ✓ Tumble dry less to reduce wear and save energy
- ✓ Repair clothes instead of replacing them



Find out more
Scan the QR code for tips, ideas and local options to help reduce clothing waste:
gloucestershirerecycles.com/fashion

SAVE MONEY
SAVE ENERGY
REDUCE WASTE
CONSERVE RESOURCES
TACKLE CLIMATE CHANGE

SWAP SINGLE-USE FOR REUSABLES

Small swaps can have a big impact.

ITEMS...	SWAP FOR...
✗ Sandwich bags	✓ Food storage containers
✗ Cling film	✓ Beeswax wraps
✗ Disposable nappies	✓ Reusable nappies
✗ Kitchen roll	✓ Washable cleaning cloths
✗ Make-up remover wipes	✓ Reusable wipes
✗ Compost in disposable bags	✓ Making your own compost
✗ Single use period products	✓ Menstrual cups, period underwear or washable pads
✗ Carrier bags	✓ Reusable bags
✗ Disposable water bottles	✓ Reusable water bottles
✗ Takeaway coffee cups	✓ Travel mugs



A reusable cup can help you save ££ over the year.

REFILL TO REDUCE PACKAGING



Cleaning products

Lots of supermarkets sell cleaning product refills, such as tablets or pods, that can be diluted with water, so you can reuse your existing bottle.



Use a local milk delivery service

They offer a wide variety of milks and juices in glass bottles that you return for cleaning and refilling. Some also sell more than just milk, with fruit and veg boxes, eggs and bread on offer!



Loose fruit and vegetables

Farm shops, markets and most supermarkets sell fruit and veg without packaging.



Specialist refill shops

There are a range of specialist shops that sell groceries without packaging. Use reusable containers to take them home. Most sell pasta, rice, flour, cereals, baking ingredients, chocolate, sweets and dried fruit. Search online to find your local refill shop.

HAVE A 'BUY LESS' MINDSET

SWAP THE WAY YOU SHOP

USE IT AGAIN, AND AGAIN... AND AGAIN

REHOME IT

PUT IT IN THE RECYCLING

BIN IT

BUY AND SELL SECOND-HAND

50% of electronics thrown away could have been reused.

Buying and selling second hand can save money and reduce waste. Reusable items being thrown away creates a vast amount of waste.

Next time you buy, try a charity shop, reuse store or second-hand platform first.

- Furniture
- Clothing
- Bric-a-brac
- Electronics
- Children's toys



Reusing or reselling clothes has 70x less environmental impact than buying new

BORROWING

Borrowing instead of buying saves money and cuts down on waste.

Have you got a local library of things?

Libraries of things let you borrow everyday items like hedge trimmers, sanders, mini ovens, pressure washers and even candy floss makers!

Use your local library

Not only can you borrow books, but they have e-books, newspapers, recording equipment, 3D printers and much more!



Share with family, friends and neighbours

Instead of us all owning the same rarely used items, sharing with friends, family and neighbours can save us money.

Can you pay to rent?

From tools and carpet cleaners to party wear, consider renting locally or online.

TO RENT



VISIT A REPAIR CAFÉ

There are over 15 volunteer run repair cafés around Gloucestershire that can repair your items for a small donation. They can also teach you how to mend.

If you love to mend things contact your local repair café to become a volunteer.



For information about where your nearest café is, when they open and what they can mend, visit gloucestershirerecycles.com/repair-cafes





FOOD WASTE

Small changes at home can help your food go further, saving money, reducing waste and protecting the planet.



Simple ways to waste less



Plan your meals
Only buy what you will use.



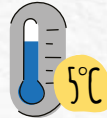
Eat it all
Carrot skins and broccoli stems are just as tasty.



Make the most of leftovers
Serve portions wisely and store extras in clear containers so you don't forget them.



Freeze the unexpected
Cheese, herbs and bread freeze well. Frozen wine can be used for cooking.



Keep your fridge at 5°C or below
Anything warmer may cause food to spoil faster.



Check your labels
"use by" is about safety, while "best before" is about quality.

What to do with scraps

Recycle anything you don't eat using your caddy. You can line your caddy with plastic, paper, compostable bags or nothing at all.

For local food waste advice:
gloucestershirerecycles.com/reduce/food-waste

